



**Sailing Instructions
Bayside sailboard Club Inc 2008-2009**

1. RULES

The Heat's of **Bayside sailboard Club Inc** Series will be governed by the current ISAF Racing Rules of Sailing, the Notice of Race for the series and these Sailing Instructions except where altered by the Notice of Race and these Sailing Instructions.

2. COMPETITION FORMAT

Subject to conditions, racing may involve Marathon, Slalom, and GPS

2.1. Marathon - The race committee has the option of conducting long distance racing at its discretion.

2.2 Slalom - It is the intention of the race committee to conduct Slalom racing in wind strengths of no less than 10 knots (35knot maximum) using a figure 8 or downwind 'M' course configuration.

2.3 At the discretion of the committee classes might have separate starts

3. MINIMUM WIND CONDITIONS

The sole judge as to suitable conditions for racing to commence and or to continue and the course to be sailed will be the principal race officer.

4. EVENT SCHEDULE (Subject to wind conditions)

It is intended to sail as many races as time and weather permit.

See individual notice for times

5. NOTICES TO COMPETITORS

5.1 Notices to competitors will be posted on the official notice board. The official notice board will be located adjacent to the registration area or as described at the Briefing.

5.2- 'a Briefing will be held adjacent to the registration area.

6. CHANGES TO SAILING INSTRUCTIONS

Changes to sailing instructions will be posted on the official notice board not less than 30 minutes prior to the first race affected by such change.

7. THE COURSE

The course location, its configuration and marks to be used will be described at the relevant Briefing.

9. THE START

10.1 The starting line will be described at the relevant Briefing.

10.2 Slalom - will be started in accordance with the following procedure (alters RRS appendix b)

2min warning Yellow flag up with one sound signal

30 seconds to start Yellow flag down

Start Green flag up with one sound signal

10.2.1 The interval between the starting signal of one race or Heat and the warning signal of the next race or Heat will be at the discretion of the race committee.

11. RECALLS

11.1 Slalom - Recalls will be in accordance with RRS 29.1 and 29.3.

11.1.1 After a general recall, RRS 30.3 will apply if a black flag is displayed on the start boat at or before the warning signal for the next start of that race or Heat. The new warning signal will be made 30 seconds after the general recall signal is lowered. RRS 29.1 shall not apply in this case.

11.1.2 No individual recalls will be signaled. A competitor who is on the course side of the starting line at the starting signal shall be scored OCS (alters RRS).

12. THE FINISH

12.1 The finishing line will be described at the relevant Briefing.

12.2 Competitors shall not sail through the finishing line except when finishing.

13. TIME LIMIT

13.1 Slalom - RRS35 applies. 5 minute limit.

13.2 Marathon -- limit will be set at the briefing.

13.3.1 Any new competitor unable to complete their first 2 races of the season under normal conditions within the time limit, will be requested to sail ONE lap races until they are confident to resume a full course.

14. PROTEST

14.1 Competitors intending to protest shall inform the finishing boat at the time of finishing or retiring of their intention giving the sail number(s) of the protested competitor(s) and witnesses involved. (Alters RRS 61).

14.2 Slalom protest shall be made verbally.

14.5 Time limit for lodging protests is 30 minutes after the last finisher in the last race of the day (alters RRS 61.3).

15. SCORING

The low point scoring system in accordance with RRS Appendix A will apply.

3 Slalom races will constitute a result for the Slalom class.

16. SAFETY

16.1 A competitor whilst racing who fails to wear as intended a buoyancy vest or harness which is approved by the race committee will be ranked as a non-starter. The requirement of RRS 40 to display flag Y will not apply.

16.2 Clothing or equipment which is either designed to or can be used to increase a competitor's body weight shall not be used.

16.3. Each competitor intending to race shall personally sign-on for racing before the start of any racing period and shall personally sign-off from racing within 30 minutes of the last finisher in the last race of that racing period or as soon after retiring as possible.

16.4 Failure to sign-on will result in disqualification without a hearing (alters RRS 63.1) from the first race of the relevant racing period while failure to sign-off will result in similar disqualification from the last race of the relevant racing period. Failure to both sign-on and sign-off will result in disqualification from all races of the relevant racing period. A racing period may consist of one or more races.

16.5 The location of the sign-on/sign-off area will be adjacent to the registration area or as described at the relevant Briefing.

16.6 The race committee, at its discretion, may vary the time permitted to sign-off. Notice of such variations will be posted on the official notice board and the requirements of SI 6 will not apply.

16.7 Should the race committee abandon the race, all competitors shall sign-off as soon as possible.

17. PENALTIES

Rule 44 - 360-degree turns will apply.

18. ENTRY DISCLAIMER.

It is the competitor's sole decision to enter this event and to start and or to continue to compete. By way of entering, competitors acknowledge and agree that participation in this event can be dangerous and accept that their participation is at their exclusive risk in every respect. In addition, by way of entering competitors shall hold harmless the organizing authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in this event and acknowledge and accept that the organizing authority, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in this event or arising for whatever reason in connection with this event.'